



Schneiders Bologna
Assorted
375 g
\$4⁹⁹



Maple Leaf Prime Chicken
Assorted
700 g
\$9⁹⁹



Red Baron Fully Loaded Pizza
Assorted
805 or 815 g
\$8⁹⁹



Tricolour Bell Peppers
Canada #1, 3 pk

\$3⁹⁹ ea

3 PACK



\$8⁹⁹

Armstrong Shredded Cheese
Assorted 500 g



Wonder Buns
Assorted
12 pk

\$3⁹⁹



Coca-Cola Beverages
Assorted
24x355 mL

\$13⁹⁹

2 for \$3⁰⁰

Heinz Beans or Pasta
Assorted 398 mL



2 for \$7⁵⁰

Old Dutch or Ridgies Potato Chips
Assorted Bags
200 or 220 g



2 for \$5⁰⁰

Heluva Good! Sour Cream Dip
Assorted
250 g



Häagen-Dazs
Selected Varieties
400 - 450 mL
\$4⁹⁹

SALE PRICES IN EFFECT JULY 2026

Mon	Tue	Wed	Thur	Fri	Sat	Sun
20	21	22	23	24	25	26

Due to store size, all items in this flyer may not be available at all locations or exactly as illustrated. Dates may vary by retail outlet. Stores have the right to limit quantities and add enviro and deposit where applicable. All beef cut from Western Canadian Grade AA beef or better. Some items may only be available at stores with an in-store bakery. Advertised prices are subject to change without notice due to necessary tariff pricing adjustments. We apologize for any inconvenience this may cause.



packaged meat

Campfire Bacon
375 g
2 for \$6⁵⁰



Smith's Beef Burgers
907 g
\$16⁹⁹

Schneiders Smoked Sausages
Assorted 375 g
\$6⁹⁹



Janes Crispy Chicken
Fully Cooked and Seasoned
2.5 kg

NEW

\$39⁹⁹



\$34⁹⁹

Lilydale Fully Cooked Chicken Wings
Breaded Assorted
2 kg



MAPLE LEAF

Creamy Pasta with Chicken Sausage

Ingredients

300 g Maple Leaf Natural Italian & Mozzarella Chicken Sausage, sliced to ½ inch pieces
200 g pasta
2 tbsp olive oil
2 cloves garlic, minced
8 oz white mushrooms, sliced
½ cup whipping cream 33% MF
½ cup fresh parsley, finely chopped
½ cup parmesan cheese grated
salt & pepper to taste

Preparation

1. In a medium pot cook pasta according to package instructions. Reserve 1 cup of the pasta water when draining.
2. Heat a sauté pan over medium heat and add olive oil
3. Add sausage and cook until browned and cooked through, 2-3 minutes each side. Remove from the pan and set aside.
4. Add garlic and sauté for 1 minute, add the mushrooms, stirring well. Continue to cook for about 5 minutes, stirring frequently.
5. Add cream and about ½ cup of the reserved pasta water. Stir in salt, pepper, parsley, and parmesan. Cook until the sauce has thickened, adding more pasta water if needed.
6. Add the cooked pasta and toss well. Mix in the cooked sausages and transfer to a serving dish.
7. Sprinkle parsley and parmesan to serve.



NEW

\$4⁹⁹

Natural Smoked Chicken Sausage
Assorted 300 g



\$7⁹⁹

Natural Chicken
Assorted 250 g



Natural Selections Sliced Meat
Assorted 150 or 175 g

\$6⁹⁹

grocery

Selection Yellow Mustard
400 mL
\$1⁷⁹



\$4⁹⁹

Bick's Pickles
Selected Varieties 1 L



Selection Sweet Green Relish
375 mL

\$1⁹⁹



2 for \$3⁵⁰

The Keg Sauce or Gravy Mixes
Assorted 22 - 31 g

deli

Burns
Deli Salami
or Pepperoni

\$1.99/100 g
\$9.03/lb



Wonder
Wraps
Large White
10 pk 640 g

\$3.99



\$1.99/100 g
\$9.03/lb

Burns
Visking
Bologna



\$3.19/100 g
\$14.47/lb

Lilydale
Kentucky Style
Chicken
Breast



\$2.79/100 g
\$12.66/lb

Schneiders
Deli Best
Black Forest
Ham



\$7.99

Moji Sushi
Assorted
170 or 171 g



SHOP LOCAL



fresh produce

\$5.99
ea

Honeydew
Melons
Imported



\$4.99
ea

Cantaloupes
Imported

Red
Seedless
Grapes
Imported

\$3.49/lb
\$7.69/kg



Golden
Pineapples
Imported

\$5.99
ea



Celery Stalks
USA #1

\$2.59
ea



\$1.99/lb
\$4.39/kg

Tomatoes
on the Vine
Canada #1



**5 LB
BAG**



\$3.49
ea

Russet
Potatoes
Canada / USA,
5 lb (2.27 kg)



Hidden Valley
Ranch Dressing
& Dip
473 mL

\$3.99

\$2.49

Glad
Cling Wrap
30 m



bakery

Wonder Bread
Selected Varieties
570 g

2 for \$7.50



\$7.99

Apple or Lemon Meringue Pie
Assorted 8"
520 or 620 g



\$2.99

Deli World Light Rye Bread
500 g



Bakertree Danishes or Puff Pastries
Selected Varieties
4 - 12 pk

\$5.99



\$7.99

Gluten Free Bread
Assorted
400 or 480 g

\$6.99

Gluten Free Bagels
Plain 280 g

2 for \$7.00 Betty Crocker Fruit Flavoured Snacks, By The Foot or Roll-Ups
Selected Varieties 128 - 226 g

NEW FLAVOURS

General Mills

\$3.49 Pillsbury Toaster Strudel Assorted 326 g, Pizza Pops Assorted 380 g

\$4.49 Dunkaroos Cinnamon Toast Crunch 6x28 g

\$5.99 Betty Crocker Gluten Free Bisquick Mix 454 g

Old Dutch Crunchys, Cheese Pleasers or Pretzels
Assorted 240 - 400 g, Humpty Dumpty Party Mix or Cheese Sticks
Assorted 250 or 265 g

2 for \$8.50

Win a \$2500 DONATION

Over \$350,000
has been awarded to communities since 2017.

WIN A \$2500.00 DONATION FOR YOUR LOCAL COMMUNITY!

With each purchase of an Old Dutch product, you increase your community's chance to WIN.

1 of 20 prizes available to be won!

Contest Runs: May 1 - August 31, 2026. See in-store for details.



frozen & dairy



\$3.99 Green Giant Valley Selections
Assorted
400 or 500 g



2 for \$7.50 Bassili's Best Entrées
Assorted 250 - 300 g



\$6.49 Cavendish Farms All-Day Breakfast Hash Brown Patties
Original 1.2 kg

\$8.99 High Liner Fish
English Style Fillets,
In Tempura Batter,
Beer Batter or Sticks
500 or 700 g



\$6.99 Schneiders Breakfast Sandwiches or Bites
Assorted
204 - 288 g



\$5.99 Ritz Drizzled Minis
Assorted 226 g

\$4.49 Oreo, Chips Ahoy! Fudgee-O, or Dad's Cookies or Biscuits
Selected Varieties
251 - 320 g



Premium Plus or Ritz to-go Crackers
Assorted
8 pk 328 - 402 g

\$5.49



\$5.99 Armstrong Cheese Slices
Assorted
220 or 240 g



\$4.49 Becel Margarine
Assorted
400 or 427 g



\$5.49 Becel Plant Butter or Chef's Signature
Assorted 454 g

\$4.49 Kraft Cool Whip
Whipped Topping
225 g



\$5.99 Dairyland Lactose Free Milk
Selected Varieties
1.89 L

Armstrong Cheese Sticks
Assorted
10x21 g



\$5.99



Dairyland Creamo
Half & Half
10% MF 473 mL

\$2.49



\$3.99 Dairyland Cottage Cheese
Selected Varieties 500 g



Dairyland



grocery



KD
Original
200 g
\$1.99



Red Lobster
Cheddar Bay
Biscuit Mix
322 g

\$2.99



2 for \$3.50
Aylmer Soup
Assorted
284 mL



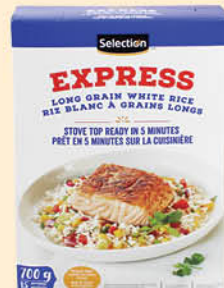
\$4.99
Christie
Toppables
or Ritz Crackers
Family Size
350 or 454 g



2 for \$5.00
Knorr Sidekicks
Pasta or Rice
Assorted 120 - 153 g



\$6.99
Clover Leaf
Sockeye Salmon
213 g



Selection
Express
Long Grain
White Rice
700 g

\$4.49

Selection
Soya Sauce
450 mL

\$1.99



Allen's
Vinegar
Assorted
4 L



\$4.49

2 for \$5.50

C4
Energy Drinks
Assorted
473 mL

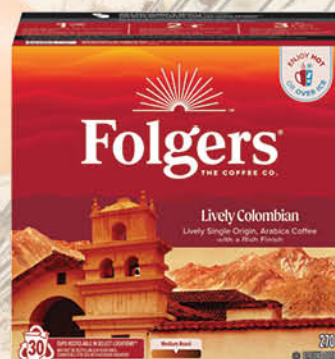
NEW
FLAVOURS



\$12.99
Fine Foods
All-Purpose
Flour
10 kg



2 for \$5.00
Carnation
Evaporated Milk
Assorted
354 mL



\$19.99
Folgers K-Cups
Assorted
30 pk



\$3.49
Nature's Nuts
Sweetened Coconut
Assorted
200 g



\$3.99
Nature's Nuts
Pecan Halves
100 g



Eagle Brand
Sweetened
Condensed
Milk
Original
300 mL

\$5.49

Robin Hood
All Purpose
Flour
Assorted
2.5 kg

\$6.49



\$4.49
Smucker's
Pure Jam or
Marmalade
Selected Varieties
250 mL



Smucker's
Syrup
Assorted
428 mL

\$4.99



grocery

**Sunny D
Citrus Punch**
Assorted
1.18 L

\$2⁴⁹



\$13⁹⁹

**Tim Hortons
Coffee**
Assorted 300 g



**Simply
Beverages**
Assorted 340 mL

**2 for
\$5⁰⁰**

\$6⁹⁹

**Red Rose
Orange Pekoe
Tea Bags**
72 pk



**Selection
Honey**
Liquid
375 g

\$6⁹⁹



**2 for
\$4⁰⁰**

**Dipps or Chewy
Granola Bars**
Assorted 120 - 156 g



\$3⁴⁹

**Yogourt
Granola Bars**
Assorted 175 g



**Bran Muffin
Mix**
900 g

\$5⁴⁹



\$4⁹⁹

**Clorox
Cleaner**
Assorted
709 - 946 mL



\$3⁹⁹

**Clorox
Concentrated
Bleach**
Assorted 1.27 L,
**Pine-Sol
Multi-Surface
Cleaner**
Assorted 828 mL



\$3⁴⁹

**Clorox Toilet Bowl
Cleaner**
Assorted 709 mL,
Disinfecting Wipes
Assorted 35 pk



**2 for
\$4⁰⁰**

**Dipps or Chewy
Granola Bars**
Assorted 120 - 156 g



\$3⁴⁹

**Yogourt
Granola Bars**
Assorted 175 g



**Bran Muffin
Mix**
900 g

\$5⁴⁹



YOU COULD
WIN
A \$10,000
CANADIAN VACATION
PLUS INSTANT DAILY PRIZES



Buy
Any participating Kroger
Products' product

Snap
A picture of your receipt
before August 18, 2026

Enter
Submit your receipt at
OnlyInCanada.ca



PROUDLY MADE IN CANADA

*WITH DOMESTIC AND IMPORTED MATERIALS

**Cashmere
or Ultra Strong
Bathroom Tissue**
Double Rolls 2 Ply
15 pk

\$8⁹⁹

**Sponge
Towels**
Ultra
Double Rolls
2 pk

\$5⁹⁹

**Bonterra
Bathroom
Tissue**
Triple Rolls
3 Ply 9 pk

\$7⁴⁹

**Scotties
Facial Tissue**
Supreme 81 pk or
Original 126 pk

\$1⁹⁹

*No purchase necessary. Open to age of majority residents of Canada (ex. Quebec). Contest Period: June 1, 2026 (15:59 a.m. ET) ends August 31, 2026 (15:59 p.m. ET). Purchase participating product(s) during contest period & upload receipt for a chance to win one \$10,000 CDN cash grand prize plus 1 of 92 Instant Daily Prizes (APV \$25-\$200 CAD each). Enter online for full rules at OnlyInCanada.ca. Odds depend on the number and timing of eligible entries. Skill testing question required.

Starbucks Coffee Enhancer
Assorted
828 mL

\$7⁴⁹



Nestle Family Size Chocolate Bars
Selected Varieties
97 - 105 g

\$3⁹⁹



Nescafé Instant Coffee
Assorted
100 or 170 g

\$9⁹⁹



Nestle Coffee mate Coffee Whitener
Assorted
425 or 450 g

\$5⁹⁹



Good Host Iced Tea or Lemonade
2.35 kg

\$16⁹⁹





WAKE UP YOUR MILK!

Nestle Nesquik



\$7⁹⁹

Nestle Nesquik
Assorted 510 or 700 mL,
Chocolate Milk Mix
540 g

Ruffles Potato Chips
Assorted
180 - 200 g

\$3⁹⁹



Miss Vickie's Potato Chips
Assorted
190 or 200 g

2 for \$9⁰⁰



Monster Energy Drinks
Selected Varieties
458 or 473 mL

Bang, Reign, NOS or Full Throttle Energy Drinks
Assorted 473 mL

3 for \$8⁵⁰



Coca-Cola Beverages
Assorted 1 L

3 for \$5⁰⁰



Benito Country Store
Benito, MB ph: (204) 539-2434

Big Ridge Foods
Amaranth, MB ph: (204) 843-4101

Birchwood Grocery
Birch River, MB ph: (204) 236-4951

Birdtail Sioux General Store
Beulah, MB ph: (204) 568-4665

Blarney Stone Grocery
Killarney, MB ph: (204) 523-4605

Crossroads Fine Foods
Steinbach, MB ph: (204) 326-5532

Cypress River Foods
Cypress River, MB ph: (204) 743-2061

Ebb & Flow Gas Bar and General Store
Ebb & Flow First Nation, MB ph: (204) 448-2768

Elie Grocery Store
Elie, MB ph: (204) 353-2211

Elma Country Store
Elma, MB ph: (204) 348-2372

Greenway Groceries
Seven Sisters, MB ph: (204) 348-7791

Lake Manitoba Convenience
Lake Manitoba First Nations, MB ph: (204) 768-2996

LT's Corner Store
Souris, MB ph: (204) 483-3072

Mafeking Gas & Grocery
Mafeking, MB ph: (204) 545-2019

O-Chi-Chak-Ko Sipi First Nation Band Store
Crane River, MB ph: (204) 732-2832

Oakville Supermarket
Oakville, MB ph: (204) 267-2433

Petersfield General Store
Petersfield, MB ph: (204) 738-4475

Phil's Fine Foods
Austin, MB ph: (204) 637-2561
MacGregor, MB ph: (204) 685-2266

SKO Business Centre
Skownan, MB ph: (204) 628-3244

St. Claude Fine Foods
St. Claude, MB ph: (204) 379-2413

Swan Lake Fine Foods
Swan Lake, MB ph: (204) 836-2844

SENSIBLE SAVINGS

2 WEEKS
OF DEALS



Tide Liquid Detergent
Assorted
64 Loads
2.48 L
\$17⁹⁹

Tide Pods
Assorted 16 pk,
Bounce Dryer Sheets
Assorted
40 or 80 pk
\$5⁹⁹



Milk-Bone Dog Snacks
Assorted
900 g
\$4⁹⁹

Milk-Bone Soft & Chewy Dog Treats
Assorted 113 g
\$1⁹⁹

Milk-Bone Flavour Dog Snacks
800 g,
Purina Beggin' Dog Snacks
Assorted 163 or 170 g
\$4⁴⁹

Purina Beneful Prepared Meals
Assorted 283 g
\$2⁹⁹

Purina Beneful Dog Food
Assorted
1.6 or 1.8 kg
\$9⁹⁹

Purina Fancy Feast Cat Food
Assorted 85 g
4 for \$5⁰⁰

Meow Mix Tasty Layers
Assorted
1.36 kg
\$10⁹⁹



Raid Insect Killer
Assorted 350 g
\$9⁹⁹

After Bite
Assorted 20 g
\$6⁹⁹

Palmolive Dish Liquid
Assorted 372 mL
2 for \$3⁵⁰

Blistex Lip Conditioner or Medex
7 or 10 g
\$2⁹⁹

Elastoplast Adhesive Bandages
Assorted
40 or 80 pk
\$5⁹⁹

Nivea Body Lotion
Assorted 625 mL
\$9⁹⁹

Glisten Machine Cleaner
Assorted 354 mL,
Cleaning Pads
8 pk
\$3⁴⁹

Bonterra Paper Towels
Mega Rolls 2 Ply
3 pk
\$7⁹⁹

Coppertone Sunscreen
Selected Varieties
177 - 259 mL
\$14⁹⁹

Hefty Ecosave Bowls
100% Compostable
12 oz 15 pk
\$3⁹⁹

Hefty Ecosave Plates
100% Compostable
Assorted 20 - 40 pk
\$6⁹⁹

SENSIBLE SAVINGS 2 WEEKS OF DEALS

JULY	M	T	W	T	F	S	S
	20	21	22	23	24	25	26
	27	28	29	30	31	1	2

Dare

Ultimate Cookies Assorted 290 or 300 g

\$3⁹⁹

Juicee Candy, Scotch Mints or Real Fruit Gummies Assorted 180 - 250 g

\$2⁹⁹

Scotch Mints or Juicee Candy Assorted 475 - 700 g

\$4⁹⁹

Red Baron Deep Dish Singles Pizza Assorted 318 or 326 g

\$4⁹⁹

3 for \$10⁰⁰

Cheemo Perogies Selected Varieties 815 or 907 g

Pure Life Natural Spring Water 24x500 mL

\$6⁴⁹

Fruité Drinks Assorted 2 L

\$2⁹⁹

McCain Superfries, Flavours of the World, Bistro Selects, Fun or Breakfast Potatoes Selected Varieties 454 - 800 g

\$4⁹⁹

McCain Pockets Assorted 540 or 600 g

\$6⁹⁹

Mondelez International

NEW

Christie Oreo or Chips Ahoy! Mini Snak Packs 20 pk 500 or 520 g

\$10⁹⁹

Cadbury Chocolate Bars Selected Varieties 32 - 50 g

3 for \$5⁰⁰

Cadbury Family Size Chocolate Bars Selected Varieties 90 - 105 g

\$3⁹⁹

Maynards Candy Assorted 135 - 154 g

\$2⁹⁹

Kellanova

Rice Krispies Squares Assorted 28 pk 588 g or 30 pk 660 g

\$9⁹⁹

Eggo Waffles Original 48 pk 1.68 kg

\$15⁹⁹

Kellogg's Town House or Cheez-It Snap'd Crackers Assorted 213 - 391 g, Pringles Mingles Assorted 155 g

2 for \$7⁵⁰

Seasoning Mix Assorted 28 g

2 for \$2⁵⁰

Cravings Kit Cheesy Double Decker Taco or Crunchwrap Supreme 401 or 642 g

\$7⁹⁹

Dips Assorted 425 or 445 g

\$4⁹⁹

Taco Shells or Cravings Kit Selected Varieties 137 - 420 g, Creamy Sauce Assorted 354 mL

\$4⁴⁹

Old Dutch Potato Chips Assorted Boxes 220 g

2 for \$8⁰⁰

Maple Leaf Mighty Protein Chicken Stick Assorted 32 g

\$1⁹⁹

Quaker Crispy Minis Rice Cakes or Chips Assorted 90 - 199 g

2 for \$5⁰⁰

Frito Lay Mix Variety Packs Assorted 16 pk

\$10⁹⁹

Cheetos Snacks Assorted 180 - 285 g

\$4⁹⁹

Lay's Stax Potato Crisps Assorted 155 or 163 g

\$2⁹⁹

Bravo Pasta Sauce 680 mL, Holiday Luncheon Meat 340 g

\$2⁹⁹

Ocean's Light Tuna in Water Flaked or Chunk 170 g

\$1⁹⁹

Minute Rice Assorted 1.2 or 1.4 kg

\$8⁹⁹

Campbell's Chunky Chili or Soup Assorted 425 g or 515 mL

\$3⁴⁹

Pineapple 100% Juice Assorted 4x240 mL

\$6⁴⁹

Pineapple Assorted 398 mL

\$3⁴⁹

Fruit or Fruit + Gel Cups Assorted 4 pk

\$5⁹⁹

Dole Fruit Cups Assorted 540 mL

\$4⁴⁹

Summer Vibes

Gift Cards for Every Occasion

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SENSIBLE SAVINGS

2 WEEKS
OF DEALS



Cap'n Crunch,
Quaker Life
or Harvest
Crunch Cereals
Assorted 350 - 475 g

2 for
\$7.00



Mealtyme
White
Bread
570 g

2 for
\$5.50



\$13.99

Quaker Chewy
Granola Bars
Value Pack
Assorted 40x24 g

Minute Maid
Fruit Punch
or Fuze
Iced Tea
10x200 mL

\$4.99



Kashi Cereal
Assorted
360 or 386 g,
GoActive
Granola
Cereal
Assorted
453 - 501 g

\$7.49



\$1.99
Family Brand
Flavoured
Drink Mix
Assorted 3x75 g



\$7.99

Frozen Yogurt
or Sorbet
Assorted 2 L,
Yukon Cones, Bars
or Sandwiches
Assorted 5 - 8 pk

CHAPMAN'S

\$8.99

Premium
Ice Cream
Assorted 2 L



\$4.99

Dairyland
Coffee Cream
18% MF 946 mL,
Chocolate Milk
1% MF
Assorted 1.89 L

\$5.99

International
Delight
Coffee
Enhancer
Assorted
946 mL



Heinz
Mayonnaise
or Sauces
Assorted 340 mL

\$2.99



\$3.99

Sweet Baby Ray's
Barbecue Sauce
Assorted 425 mL



Bush's Best
Baked Beans
Assorted 398 mL
2 for
\$5.00



OLYMEL

\$5.99

Bacon
Assorted
375 g



\$8.99

Wieners
Original
1 kg



\$4.49

Sliced
Meat
Assorted
175 g

